

Friday Sunrise "A" and Sunrise "B" - Session 1 Girls 13/14 100 Butterfly & Girls 15-18 400 IM & Session 2 Boys 13/14 100 Butterfly & Boys 15-18 400 IM – Backup RBY															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
SVY	WFY	LHY	MYM	SHY	YWMC	RY	OCY	SAY	WMY	WY	CANE	FSPY	HACY	GBCY	SJAC
SVY	WFY	LHY	MYM	SHY	YWMC	RY	OCY	SAY	WMY	WY	CANE	FSPY	HACY	GBCY	SJAC

Friday Prelims Session 3 – Back Up - RBY							
1	2	3	4	5	6	7	8
WMY	HACY	MEY	MCY	GBCY	HCY	VINY	MEW
SVY	LHY	WFY	SHY	MYM	YWMC	SJAC	FSPY

Friday 1000's Session 4/5 – Back Up - RBY															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
OWN TIMERS AND COUNTERS															

Friday Finals Session 6 – Back Up – RBY							
1	2	3	4	5	6	7	8
SVY	LHY	WFY	SHY	MYM	YWMC	SJAC	FSPY
SVY	LHY	WFY	SHY	MYM	YWMC	SJAC	FSPY

Saturday Sunrise "A" Session 7– Girls 15-18 50 and 500 Free & Boys 15-18 50 Free & Saturday Sunrise: Session 8– Girls/Boys 13/14 400 IM & Boys 15-18 500 Free - Back Up – RBY															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
SJAC	SHY	SVY	LHY	FSPY	MYM	WFY	YWMC	CANE	WY	HACY	OCY	WMY	SAY	MEY	HCY
SJAC	SHY	SVY	LHY	FSPY	MYM	WFY	YWMC	CANE	WY	HACY	OCY	WMY	SAY	MEY	HCY

Saturday Prelims Session 9 – Back Up - RBY							
1	2	3	4	5	6	7	8
MCY	VINY	GBCY	HCY	HACY	MEY	WMY	SAY
OCY	CANE	SJAC	RY	YWMC	WY	FSPY	MYM

Saturday Finals Session 10 – Back Up - RBY							
1	2	3	4	5	6	7	8
LHY	SVY	WFY	SHY	MYM	FSPY	WY	YWMC
LHY	SVY	WFY	SHY	MYM	FSPY	WY	YWMC

Sunday Sunrise Session 11 – Girls 13/14 50 Free and 500 Free & Session 12 – Boys 13/14 50 Free and 500 Free – Back Up – RBY															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
VINY	MCY	SJAC	SCYD	MEY	HACY	SAY	MYM	MEW	GBCY	WY	HCY	WMY	YWMC	FSPY	CANE
LHY	SHY	SVY	WFY	OCY	RY	SAY	MYM	MEW	GBCY	WY	HCY	WMY	YWMC	FSPY	CANE

Sunday Prelims Session 13 - Back Up RBY							
1	2	3	4	5	6	7	8
SVY	LHY	SHY	WFY	SJAC	MYM	YWMC	FSPY
SVY	LHY	SHY	WFY	SJAC	MYM	YWMC	FSPY

Sunday Afternoon 1650's Session 14/15 – Back Up - RBY															
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
OWN TIMERS AND COUNTERS															

Sunday Finals Session 16 – Back Up - RBY							
1	2	3	4	5	6	7	8
SVY	WFY	LHY	SHY	MYM	YWMC	SJAC	FSPY
SVY	WFY	LHY	SHY	MYM	YWMC	SJAC	FSPY